

# COUNSELING CENTER COMMUNITY RESOURCES GUIDE



**KING**  
UNIVERSITY  
— 1867 —

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FALL 2024

# KING UNIVERSITY COUNSELING CENTER

## LOCATION

The counseling center is located behind White Hall. Walk through the Oval and take the walkway to the right between the Fine Arts building and White Hall. The counseling center is located in the first house on the right.

Street address if driving:  
1415 East Cedar Street  
Bristol, TN 37620

## STAFF

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## WEBSITE



[www.king.edu/student-life/resources-for-students/counseling-center/](http://www.king.edu/student-life/resources-for-students/counseling-center/)

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## IMPORTANT NOTICE

The King University Counseling Center has compiled this list to familiarize you with local resources and nationwide crisis services. The website for each resource is accessible through the link provided. This information is current as of August 2024 but is subject to change without notice. The contents of this document will be updated and revised annually.

The King University Counseling Center, King University Food Pantry, King University Title IX Reporting, King University Campus Security, and TimelyCare are the only listed resources affiliated with King University.

# ALCOHOL AND SUBSTANCE ABUSE

Resource	Address	Phone	Website
<b>Alcoholics Anonymous District 1 Hotline</b> Kingsport and Bristol		865.522.9667	<a href="http://aatricitiestn.com">aatricitiestn.com</a>
<b>Alcoholics Anonymous</b> Johnson City District Office	District 2 AA PO Box 1872 Johnson City, TN 37605	423.928.0871	<a href="http://aatricitiestn.com">aatricitiestn.com</a>
<b>Comprehensive Community Services</b> Substance Abuse Residential Treatment Center Also offers intensive outpatient treatment	Comprehensive Community Services, Inc. Admissions 6145 Temple Star Road Kingsport, TN 37660	Call 423.349.4070 Text 423.552.0555	<a href="http://ccstreatment.com">ccstreatment.com</a>
<b>Insight Alliance Washington County Tennessee Lifeline</b> Provides information and a directory of services		1.877.366.7593	<a href="http://wcadc.com/lifeline">wcadc.com/lifeline</a>
<b>Turning Point</b> Frontier Health Calm Center, Crisis Stabilization Unit, Detox, 24/ assessments	208 East Unaka Avenue Johnson City, TN 37601	423.926.0940	<a href="http://frontierhealth.org/directory/frontier-health-turning-point/">frontierhealth.org/directory/frontier-health-turning-point/</a>
<b>Narcotics Anonymous (NA)</b> Tri-Cities recovery support from a peer		423.302.0494	<a href="http://mountain-na.org/meetings/">mountain-na.org/meetings/</a>
<b>Tennessee Redline</b> A State of Tennessee resource for substance misuse treatment referrals		1.800.889.9789	<a href="http://tn.gov/behavioral-health/substance-abuse-services/prevention/tennessee-redline">tn.gov/behavioral-health/substance-abuse-services/prevention/tennessee-redline</a>
<b>Woodridge Hospital</b> Ballad Health	403 North State of Franklin Road Johnson City, TN 37604	423.431.7111	<a href="http://balladhealth.org/locations/hospitals/woodridge-psychiatric">balladhealth.org/locations/hospitals/woodridge-psychiatric</a>

# ALCOHOL AND SUBSTANCE ADDICTION RECOVERY GROUPS

Resource	Address	Phone	Website
<b>Alcoholics Anonymous District 1 Hotline</b> Kingsport and Bristol		865.522.9667	<a href="http://aatricitiestn.com">aatricitiestn.com</a>
<b>Celebrate Recovery</b>	Tennessee Avenue Baptist Church 104 Cypress Street Bristol, TN 37620	423.928.4325	<a href="http://tabaptist.org/celebrate-recovery/">tabaptist.org/celebrate-recovery/</a>
<b>Celebrate Recovery</b>	Highlands Fellowship 134 Commerce Court Bristol, VA 24202	276.669.7400	<a href="http://hf.church/cr">hf.church/cr</a>

# APP - ALCOHOL AND SUBSTANCE ADDICTION RECOVERY GROUPS

Resource	Address	Phone	Website
<b>Alcoholics Anonymous Meeting Guide App</b>			Find it on the App Store or visit <a href="http://aa.org/meeting-guide-app">aa.org/meeting-guide-app</a>

# BULLYING

Resource	Address	Phone	Website
<b>Stomp Out Bullying</b>			<a href="http://stompoutbullying.org/">stompoutbullying.org/</a>
<b>Stop Bullying</b>			<a href="http://stopbullying.gov/">stopbullying.gov/</a>

## CLOTHING

Resource	Address	Phone	Website
<b>Haven of Rest Thrift Store</b>	124 Pennsylvania Avenue Bristol, TN 37620	423.968.2011	<a href="http://havenofrestbristol.org/haven-thrift-store">havenofrestbristol.org/haven-thrift-store</a>
<b>Salvation Army Thrift Store</b>	1224 West State Street Bristol, TN 37620	423.764.6156	<a href="http://southernusa.salvationarmy.org/bristol/contact-us-1-1">southernusa.salvationarmy.org/bristol/contact-us-1-1</a>
<b>Goodwill</b>	2691 West State Street Bristol, TN 37620	423.652.0072	<a href="http://goodwilltnva.org/stores/">goodwilltnva.org/stores/</a>
<b>Goodwill</b>	3170 Linden Drive Bristol, VA 24202	276.644.3099	<a href="http://goodwilltnva.org/stores/">goodwilltnva.org/stores/</a>

## DENTAL

Resource	Address	Phone	Website
<b>Healing Hands Health Center</b> Serves uninsured residents in Northeast TN and Southwest VA	245 Midway Medical Park Bristol, TN 37620	423.652.0260	<a href="http://healinghandshealth.org/">healinghandshealth.org/</a>
<b>Friends in Need</b>	1916 Brookside Drive Kingsport, TN 37660	Call 423.246.0010 Text 423.367.5399	<a href="http://friendsinneed.us/">friendsinneed.us/</a>
<b>ETSU Dental Hygiene Services</b>	Lamb Hall, Ground Floor Breezeway 156 South Dossett Drive Johnson City, TN 37614	423.439.4514	<a href="http://etsuhealth.org/services/dental-hygiene/">etsuhealth.org/services/dental-hygiene/</a>
<b>Keystone Dental Care</b>	603 Bert Street, Box 12 Suite 206 Johnson City, TN 37601	423.232.7919	<a href="http://keystonedentaljc.com/">keystonedentaljc.com/</a>

# DOMESTIC VIOLENCE AND SEXUAL ASSAULT

Resource	Address	Phone	Website
<b>Abuse Alternatives</b> Domestic Violence Intervention Services	104 Memorial Drive Bristol, TN 37620	24/7 Crisis Hotline: 423.764.2287 or 800.987.6499	<a href="http://abusealternativesinc.org/">abusealternativesinc.org/</a>
<b>Branch House</b>	313 Foothills Drive Blountville, TN 37617	423.574.7233	<a href="http://branchhousetn.org/">branchhousetn.org/</a>
<b>Bristol Tennessee Victim’s Services</b>		423.989.5600	<a href="http://bristoltn.org/925/Victims-Services">bristoltn.org/925/ Victims-Services</a>
<b>King University Title IX Reporting</b>	Title IX Statement below	See Title IX Statement below for the reporting process	<a href="http://king.edu/about/offices/security-and-safety/title-ix/">king.edu/about/offices/ security-and-safety/ title-ix/</a>
<b>National Domestic Violence Hotline</b>		Call 1.800.799.SAFE (7233) or Text “START” to 88788	<a href="http://thehotline.org/">thehotline.org/</a>
<b>Rape, Abuse, &amp; Incest National Network (RAINN)</b>		1.800.656.4673	<a href="http://rainn.org/about-rainn">rainn.org/about-rainn</a>

## **Title IX at King University**

King University is bound by federal and state laws, including Title IX of the Education Amendments of 1972, which prohibits discrimination on the basis of sex, and Title VII, which prohibits discrimination on the basis of multiple categories such as race, color, national origin, ethnicity, creed, sex, or religion. Sexual harassment, including acts of sexual violence, is a form of sex discrimination. King University is committed to complying with all such laws, but moreover, to providing a safe campus environment for all.

King University seeks to provide safety, privacy to the fullest extent possible, and support to victims of any crime or violation of the Relationship Conduct policy. The University will offer educational programs to promote the awareness and prevention of assault, violence, harassment, and any other type of relationship misconduct. Reports of relationship misconduct will be taken seriously and incidents will be responded to appropriately and in a timely manner.

Any behavior believed to be a violation of the Relationship Conduct Policy should be reported to:

**Assistant Title IX Coordinator, Benny L. Berry, Parks Hall Room #32, BLBERRY@KING.EDU, (423) 652-4705,**  
**Vice President for Student Affairs/Dean or Students, Robert Littleton, Maclellan Hall Room #12, RALITTLE@KING.EDU,**  
**(423) 652-4740, or the**  
**Title IX Coordinator, James P. Donahue, E.W. King Building, Room #16F, JPD@KING.EDU, (423) 968-1187.**

**If you are in immediate danger call 911.**

## FOOD ASSISTANCE

Resource	Address	Phone	Website
<b>King University Food Pantry</b>	Student Affairs MacLellan Hall	423.652.4740	Email: studentaffairs@king.edu
<b>Bristol Emergency Food Pantry</b>	155 Washington Street Bristol, VA 24201	423.571.4449	<a href="http://bristolfoodpantry.org/">bristolfoodpantry.org/</a>
<b>Haven of Rest Rescue Mission Food Pantry</b> Call to schedule an appointment. The Haven of Rest provides a free hot evening meal to everyone who comes. Sunday-Friday, 5-5:45 p.m. Call for more information.	624 Anderson Street Bristol, TN 37620	423.968.2011	<a href="http://havenofrestbristol.org/the-food-pantry.html">havenofrestbristol.org/ the-food-pantry.html</a>  <a href="http://havenofrestbristol.org/">havenofrestbristol.org/</a>
<b>Second Harvest Food Bank</b>		423.279.0430	<a href="http://netfoodbank.org/food-pantry/">netfoodbank.org/ food-pantry/</a>

## HOMELESS RESOURCES

Resource	Address	Phone	Website
<b>Family Promise of Bristol</b>	100 Ash Street #2 Bristol, TN 37620	423.528.3036	<a href="http://familypromiseofbristol.org/">familypromiseofbristol. org/</a>
<b>Resource Bristol of United Way of Bristol</b>	315 Eighth Street Bristol, TN 37620	423.968.4912	<a href="http://unitedwaybristol.org/resourcebristol/">unitedwaybristol.org/ resourcebristol/</a>

## HOMELESS SHELTERS

Resource	Address	Phone	Website
<b>Haven of Rest Rescue Mission</b>	624 Anderson Street Bristol, TN 37620	423.968.2011	<a href="http://havenofrestbristol.org/">havenofrestbristol.org/</a>
<b>Salvation Army of Bristol</b>	137 Martin Luther King Jr. Blvd Bristol, TN 37620	423.764.6156	<a href="http://southernusa.salvationarmy.org/bristol">southernusa. salvationarmy.org/bristol</a>

## LEGAL SERVICES

Resource	Address	Phone	Website
<b>Legal Aid of East Tennessee</b>	311 West Walnut Street Johnson City, TN 37604	423.928.8311 or 1.800.821.1312	<a href="http://laet.org/">laet.org/</a>
<b>Bristol Tennessee Law Services Search</b>			<a href="http://justia.com/lawyers/tennessee/bristol">justia.com/lawyers/tennessee/bristol</a>
<b>Bristol Virginia Law Services Search</b>			<a href="http://justia.com/lawyers/virginia/bristol">justia.com/lawyers/virginia/bristol</a>

## LGBTQ+

Resource	Address	Phone	Website
<b>Pride Community Center of the Tri-Cities</b>	300 East Main Street Suite 151 Johnson City, TN 37601		<a href="http://pridetricities.com/">pridetricities.com/</a>
<b>TriPride TN</b>	P.O. Box 4545 Johnson City, TN 37602		<a href="http://tripridetn.org/">tripridetn.org/</a>
<b>The Trevor Project</b>		Call 1.866.488.7386 or text "START" to 678-678	<a href="http://thetrevorproject.org/">thetrevorproject.org/</a>



# MEDICAL

Resource	Address	Phone	Website
<b>TimelyCare</b>	Virtual based health care for King University students		<a href="http://app.timelycare.com/auth/login">app.timelycare.com/auth/login</a>
<b>Crossroads Medical Mission</b> Serves uninsured residents in Northeast Tennessee and Southwest Virginia	Mobile medical bus - Website will provide more information	276.466.1600	<a href="http://crossroadsmedicalmission.org/">crossroadsmedicalmission.org/</a>
<b>Healing Hands Health Center</b> Serves uninsured residents in Northeast Tennessee and Southwest Virginia	245 Midway Medical Park Bristol, TN 37620	423.652.0260	<a href="http://healinghandshealth.org/">healinghandshealth.org/</a>
<b>Bristol Regional Medical Center</b>	1 Medical Park Blvd Bristol, TN 37620	423.844.1121	<a href="http://balladhealth.org/locations/hospitals/bristol-regional">balladhealth.org/locations/hospitals/bristol-regional</a>
<b>Sullivan County Regional Health Department</b>	154 Blountville Bypass Blountville, TN 37617 or 1041 East Sullivan Street Kingsport, TN 37660	423.279.2777	<a href="http://sullivanhealth.org/">sullivanhealth.org/</a>

# OUTPATIENT COUNSELING - ABINGDON

Resource	Address	Phone	Website
<b>True North Counselors</b>	966 West Main Street Suite 1 Abingdon, VA 24210	276.207.8321	<a href="http://truenorthcounselorsva.com/">truenorthcounselorsva.com/</a>
<b>Hope and Healing Counseling Center</b>	454 East Main Street Abingdon, VA 24210	276.300.4422	<a href="http://hopeandhealingcounselingctr.com/">hopeandhealingcounselingctr.com/</a>

# OUTPATIENT COUNSELING - BRISTOL

Resource	Address	Phone	Website
<p><b>King University Counseling Center</b> Provides counseling to the students, faculty, and staff of King University only. This service is free to King University students and employees.</p>	<p>The Counseling Center is located behind White Hall. Walk through the Oval and take the walkway to the right between the Fine Arts building and White Hall. The Counseling Center is located in the first house on the right.</p> <p>GPS Address: 1415 East Cedar Street Bristol, TN 37620</p>	423.652.4742	<a href="http://king.edu/student-life/resources-for-students/counseling-center/">king.edu/student-life/resources-for-students/counseling-center/</a>
<p><b>TimelyCare</b></p>	<p>Virtual based health care for King University students.</p>		<a href="http://app.timelycare.com/auth/login">app.timelycare.com/auth/login</a>
<p><b>Bristol Regional Counseling Center</b></p>	<p>Frontier Health 26 Midway Street Bristol, TN 37620</p>	423.989.4500	<a href="http://frontierhealth.org/directory/frontier-health-bristol-regional-counseling-center/">frontierhealth.org/directory/frontier-health-bristol-regional-counseling-center/</a>
<p><b>Life Stance Health</b> Multiple therapists provide in-person and online therapy.</p>	<p>100 5<sup>th</sup> Street Suite 310 Bristol, TN 37620</p>	865.219.3108 or 865.909.7065	<a href="http://lifestance.com/location/bristol-tn-100-5th-street/">lifestance.com/location/bristol-tn-100-5th-street/</a>
<p><b>Joshua Blackburn</b> Specializations: relationship issues, anxiety, and anger management.</p>	<p>739 Bluff City Highway Suite 5 Bristol, TN 37620</p>	423.210.4631	<a href="http://psychologytoday.com/us/therapists/joshua-blackburn-bristol-tn/850072">psychologytoday.com/us/therapists/joshua-blackburn-bristol-tn/850072</a>
<p><b>Sunny Path Counseling, PLLC</b> Focus is on children and teens.</p>	<p>1745 King College Road Bristol, TN 37620</p>	423328.1289	<a href="http://sunnypathcounseling.com/">sunnypathcounseling.com/</a>

## OUTPATIENT COUNSELING - JOHNSON CITY

Resource	Address	Phone	Website
<b>Grace Pointe Counseling Center</b>	214 E. Mountcastle Drive Suite 1 Johnson City, TN 37601	423.283.4958	<a href="http://gracepcc.com/">gracepcc.com/</a>
<b>Paula E. Hood Counseling &amp; Consulting</b>	207 N. Boone Street Suite 10 Johnson City, TN 37604	423.398.1693	<a href="https://sites.google.com/view/paulahoodcounseling">sites.google.com/view/paulahoodcounseling</a>

## OUTPATIENT COUNSELING - KINGSPORT

Resource	Address	Phone	Website
<b>Seed of Hope Counseling, LLC</b>	229 East Center Street Kingsport, TN 37660	423.530.7042	<a href="http://sohcounselingtn.com/">sohcounselingtn.com/</a>
<b>Growing Light Counseling, LLC</b>	2020 Meadowview Parkway Suite 200 Kingsport, TN 37660	423.578.7208	<a href="http://growinglightcounseling.com/">growinglightcounseling.com/</a>
<b>Kingsport Counseling Associates</b>	605 Watauga Street Kingsport, TN 37660	423.408.2601 Toll Free 844.215.0811	<a href="http://kingsportcounseling.com/">kingsportcounseling.com/</a>

## PREGNANCY RESOURCE WOMEN'S CENTERS

Resource	Address	Phone	Website
<b>Pathways Pregnancy Resource Center</b> No cost and confidential	17 24 <sup>th</sup> Street Bristol, TN 37620	423.968.4673 Text & After Hours 423.742.7850	<a href="http://pathwaysprc.org/">pathwaysprc.org/</a>
<b>Agape Women's Services</b> No cost and confidential	515 West Walnut Street Johnson City, TN 37604	423.928.2273	<a href="http://agapewomensservices.com/">agapewomensservices.com/</a>
<b>TLC Community Center</b>	145 Judge Don Lewis Blvd Suites 5-7 Elizabethton, TN 37643	423.543.4673	<a href="https://facebook.com/people/TLC-Community-Center/100064737696899/">facebook.com/people/TLC-Community-Center/100064737696899/</a>

# PUBLIC TRANSPORTATION

Resource	Address	Phone	Website
<b>Bristol TN Public Transit</b>	The Bristol TN Transit stops at the King University McClellan Drive entrance and the King University Havelstadt Drive entrance.	423.989.5582	<a href="http://bristoltn.org/142/Transit">bristoltn.org/142/Transit</a>  <i>King University is on the Penn-Hickory Route</i>  <a href="http://bristoltn.org/1525/Penn-Hickory-Route">bristoltn.org/1525/Penn-Hickory-Route</a>
<b>Bristol VA Public Transit</b>	All Bristol VA Transit buses arrive, depart from, and return to the Downtown Transfer Center in the 800 block of State Street next to the Farmers Market in Bristol.	276.645.7384	<a href="http://bristolva.org/196/Transit">bristolva.org/196/Transit</a>
<b>NET Trans</b> Transportation service to those who live outside the city limits.	704 Rolling Hills Drive Johnson City, TN 37604	423.461.8233	<a href="http://nettrans.org/">nettrans.org/</a>

# SUICIDE CRISIS HELP AND PREVENTION

Resource	Address	Phone	Website
<b>988 Suicide and Crisis Lifeline</b> Nationwide number 988		Call or Text 988	<a href="https://988lifeline.org/">988lifeline.org/</a> Chat info: <a href="https://988lifeline.org/chat/">988lifeline.org/chat/</a>
<b>Frontier Health Suicide Prevention and Mobile Crisis Response Hotline</b>		877.928.9062 TN & VA calls	<a href="https://frontierhealth.org/suicide-prevention/#:~:text=Frontier%20Health's%20Crisis%20line%20is,%2D800%2D273%2DTALK.">frontierhealth.org/suicide-prevention/#:~:text=Frontier%20Health's%20Crisis%20line%20is,%2D800%2D273%2DTALK.</a>
<b>Emergency 911</b>		<b>Call 911 for an emergency</b>	
<b>King University Campus Security</b>	The Security Office is located on the street side of Parks Hall.	423.652.4333	<a href="https://king.edu/about/offices/security-and-safety/">king.edu/about/offices/security-and-safety/</a>

# SURVIVORS OF SUICIDE

Resource	Address	Phone	Website
<b>Survivors of Suicide, Tri-Cities</b>		423.361.2087	
<b>Survivors of Suicide, Southwest Virginia</b>		276.346.1641 or 276.346.3590	